

Suggested Packing List - 2018

- Bed Linens – sheets (single/twinXL) or sleeping bag/comforter/blanket and pillow case
 - A pillow is provided
- Bath Towels
- Flip flops/shower shoes
- Toiletries (shampoo, deodorant, toothbrush, toothpaste, personal care products)
- Hair Dryer
- Clothing
 - Casual, comfortable clothing – shirts, shorts, jeans/long pants, etc.
 - Dress attire for Sunday
 - Jacket, sweatshirt or other long sleeve shirts
 - Sturdy walking shoes
- Umbrella and/or rain coat
- Alarm clock (optional)
- Small fan (optional but recommended)
- Small amount of spending money (optional – for HOBY merchandise and other items available during the weekend)
- Prescription Medication – *see notes below*
- Over the Counter (OTC) medication as needed – may not be shared with other participants at any time
- Directions to University of Maine Farmington

Prescription Medication:

If applicable, be sure to bring any prescription medication. Please bring only as much medication as will reasonably be needed during the HOBY event (3 days). Medication must be in its original container as labeled by the pharmacy. A **Medication Verification Form for Physicians** must be on file for all prescription medications. Please refer to the **Policy for Use of Medication During a HOBY Event** included in the pre-seminar materials for more information. All forms can be downloaded from our website, www.hobymaine.org.

Check In:

Check in will start at 8:00am on Friday, June 1st and last until 8:45am. Please make every effort to arrive during that time frame.

Please contact us if you need to arrange to arrive early (including the night before). We know that many of our students must travel a long distance. We can help arrange for you and a parent/guardian to stay on campus Thursday night if necessary.

If you need to arrive early, including the night before, please contact Kristi Leclerc, Director Ambassador Relations (kristi@hobymaine.org) to make necessary arrangements.

Check in and room assignments will be made at **Dakin Residence Hall**.

Questions:

Please contact Kristi Leclerc, Director of Ambassador Relations at (207) 608-5531 (kristi@hobymaine.org) or Sydney Clifton, Leadership Seminar Chair (207)632-8682 (sydcifton@hobymaine.org) with any questions.